

Recursos Españoles

Departamento de salud del condado Granville (693-2141)

Cheques de presión arterial, inmunizaciones, control de natalidad, cuidado durante el embarazo, pruebas de enfermedades sexuales y SIDA, y WIC.

Familias que viven libres de la Violencia Crisis y Apoyo (690-9660)

Ayuda y apoyo para la gente afectada por violencia doméstica y asalto sexual.

KidsHealth www.kidshealth.org

Información sobre la salud de jóvenes y niños.

Nat'l AIDS & STD Hotline (800-344-SIDA)

Información sobre el SIDA y enfermedades sexuales.

Nat'l Campaign to Prevent Teen Pregnancy www.teenpregnancy.org

Información para prevenir embarazos de adolescentes.

Nat'l Child Abuse Hotline www.childhelpusa.org (800-422-4453)

Información para parar o prevenir abuso del niño.

Teenwire www.teenwire.com

La abstinencia, control de natalidad, enfermedades sexuales y SIDA, y mas.

VGFW Acceso y Ayudo (877-619-3761)

Para obtener servicios por salud mental, crisis, retraso mental o físico, o abuso del alcohol u otra drogas.

Health Department Services

- Blood pressure checks
- Breast and Cervical Cancer Control Program/WISEWOMAN
- Breastfeeding counseling and support
- Classes on birth control, diabetes, nutrition, pregnancy, STDs, not smoking, etc.
- Communicable disease investigation, surveillance, and follow-up
- Contraception (birth control)
- Developmental screenings and advocacy
- Environmental Services and Inspections
- Health Check coordination
- Home based skilled nursing and physical, speech, and occupational therapy
- Immunizations and well child check-ups
- Pregnancy testing and routine care for pregnant women
- Sickie Cell counseling and testing
- STD/HIV testing, treatment, counseling, and follow-up
- WIC (supplemental healthy foods and nutrition education)

All services are confidential and do not require parent or guardian.

Health Department 693-2141

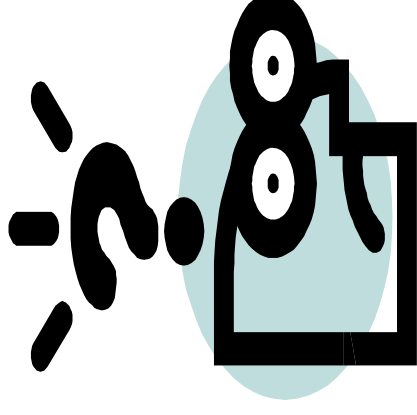
WIC 693-1333

Environmental Health 693-2688

Health Check 693-8260

Home Health 693-9106

*It's OK to want
to know more.*



*Confused about where to get
REAL
answers?*

*Compiled by the Granville County Family Planning Advisory Council
To participate, please call 919-693-2141.*

National Resources

4 Girls Health

www.4girls.gov

Nutrition, fitness, puberty, the future, drugs/alcohol, relationships, emotions, etc.

Al-Anon/ALATEEN

www.al-anon.org (888-4-AL-ANON)

Support for families dealing with an alcoholic.

Advocates for Youth

www.advocatesforyouth.org

Abstinence, birth control, cultural diversity, parenting tips, dating violence, etc.

Healthy Place

www.healthyplace.com

Anxiety, ADHD, chronic pain, depression, dieting, relationships, etc.

HOPELINE

www.hopeline.org (800-SUICIDE)

A free, confidential nationwide hotline staffed 24 hours a day, 7 days a week.

I Wanna Know

www.iwannaknow.org

Peer pressure, consequences, abstinence, puberty, STDs, communication, etc.

It's Your (Sex) Life

www.itsyoursexlife.com

Statistics and the possible risks when becoming sexually active

KidsHealth

www.kidshealth.org

Physical and emotional health, safety, nutrition, fitness, etc., for parents, teens and kids.

Nat'l AIDS & STD Hotlines

(800-342-AIDS) (800-227-8922) TTY/TDD (800-243-7889)

Nat'l Campaign to Prevent Teen Pregnancy

www.teenpregnancy.org

Abstinence and birth control information through fact sheets, quizzes, surveys, etc.

Nat'l Child Abuse Hotline

www.childhelpusa.org (800-422-4453)

Nat'l Domestic Violence Hotline

www.ndvh.org (800-799-SAFE)

Nat'l Foundation for Depressive Illness

www.depression.org

(800-248-4344) *Information about depression and how to get help.*

Nat'l Mental Health Association Helpline

(800-969-6642)

Nat'l Runaway Switchboard

www.nrscrisisline.org (800-621-4003)

NineLine

(800-999-9999)

A free, confidential nationwide hotline staffed 24 hours a day, 7 days a week. They discuss lots of topics like running away, break-ups, abuse, homelessness, suicide, etc.

Not Me, Not Now

www.notmenotnow.org

How to resist peer pressure and communication tips for talking to your child.

Planned Parenthood

www.plannedparenthood.org (800-230-7526)

Rape, Abuse, & Incest National Network

www.rainn.org

(800-656-HOPE) *Support available 24 hours a day, 7 days a week.*

SAFE (Self-Abuse Finally Ends)

www.selfinjury.com

(800-DON'T-CUT)

Sex, Etc.

www.sxetc.org

Love and relationships, body image, puberty, benefits of waiting, protection, pregnancy, teen parenting, etc.

Talking With Kids About Tough Issues

www.talkingwithkids.org

Terrorism, violence, safety, drugs/alcohol, sexuality, etc. Designed for parents with children ages 8-12.

Teenwire

www.teenwire.com

Puberty, healthy relationships, communication, STDs, sexuality, birth control, etc.

Teen AIDS Line

(800-234-TEEN) (800-440-TEEN)

Local Resources

Families Living Violence Free

Administrative 693-2662

Crisis/Support 693-2324 (staffed 24/7)

Free confidential support, counseling, and referrals for people affected by domestic violence or rape/sexual assault. Also offers a DSS approved parenting class.

Granville-Vance District Health Dept

www.gvdhd.org (693-2141)

Offers services on a sliding fee scale. See back cover for details.

Tough Love

www.toughlove.org (919-929-7400)

Support and a philosophy of disciplining children who are demonstrating behavioral problems.

VGFW Area Authority

www.vgfw.ncmh.org

(693-2611) (877-619-3761) TTD/TTY (252-430-0788)

Services for routine mental health, crisis, developmental disabilities, and substance abuse.